



Seasonal Flu and Pneumo Clinics

These vaccinations are recommended for all those aged 65 years and over AND people who are considered to be At Risk, i.e. those with chronic respiratory and heart disease, diabetes, serious kidney or liver disease, on repeat steroid medication or lowered immunity due to disease or treatment. Flu vaccines are also recommended for pregnant ladies and main carers of elderly or disabled people who may be at risk if their carer falls ill.

This year the flu vaccine is combined with the Swine Flu vaccine, so only one injection is required. Children between 6 months and 5 years in the At Risk groups and all immunosuppressed people who have not previously had a Swine Flu vaccination will need 2 vaccines this year to build up their immunity.

The Pneumonia vaccine can be given at the same time to all considered At Risk. Please note that you only need one Pneumo vaccination in your lifetime (unless you have had your spleen removed).

The vaccines will be available from 1st October. Please call to make a 5 minute appointment in one of our flu clinics during our regular working day.

The District Nurses will continue to visit patients who are not able to attend the surgery for an appointment. We are not able to give a vaccine to those patients who do not fall into the At Risk groups during the campaign.

We are not able to give a vaccine to those patients who are under 65 and do not fall into the At Risk groups during the campaign. However, you can ask to be put on the waiting list for a vaccine. Later on in the season, we will contact you to offer a vaccine if there are any available following the campaign.